LA VIDA
Elterninitiative

We support you and your child.

We are happy to help.

Lazarettgürtel 54/P/4
8020 Graz

Phone: 0316 4682 224

Email: office@lavida.at
Web: www.lavida.at

Raiffeisen-Landesbank Steiermark AG
IBAN: AT26 3800 0000 0568 2430
BIC: RZSTAT2G

ZVR No.: 854223017

What to do next?

Give us a call. You can reach us by phone on 0316 4682 224 Monday to Friday, 8:00–17:00, or by email at office@lavida.at at any time. Together we will arrange your first consultation, with no obligation.

We listen. The first months of life are crucial for visual development. If you are unsure or notice any of the signs listed, please talk to us. We are happy to advise you.

Your vision specialists. This summary was written by Gundi Zakary-Wolfsberger and Anuschka Brešar.

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Your child's visual development in the first year of life

VISUAL DEVELOPMENT

Months 1 to 6

Newborn
Your baby sees best at a distance of 20 to 30 cm, such as mum's face while breastfeeding.

Around 2 months
A moving toy held in the baby's line of sight is noticed and briefly followed.

Around 3 months
The baby fixes their gaze and follows objects well. Faces are noticed and the baby smiles back.

Around 4 months
The baby looks at their own hands and plays with their fingers (hand–eye coordination). They reach for objects with both hands and put them in their mouth.

Around 6 months
The baby grasps objects deliberately.

VISUAL DEVELOPMENT

Months 7 to 12

Around 7 months
The baby can turn objects over in their hand.

Around 8 months
The baby tells familiar and unfamiliar faces apart (stranger anxiety).

Around 11 months
The baby looks for people and objects when asked about them.

Around 12 months
The baby deliberately hands objects to their parents.

We offer you

Counselling and mobile early intervention for vision, as well as support with the relevant application.

GOOD TO KNOW

Signs of problems in visual development

- Marked sensitivity to light or no reaction to light
- Squinting
- Eyelid openings or pupils of different sizes
- Frequent eye rubbing
- Persistent redness of the eyes
- Frequent watering and sticky eyes
- Cloudy cornea or grey-yellow instead of deep black pupil
- Trembling eyes or constant movement of one eye
- Persistently holding the head tilted
- Missing when reaching for objects
- Frequently tripping over objects

Eye examination

The examination in the Mutter-Kind-Pass (mother-child booklet) should be done by an ophthalmologist: in the first year of life if anything seems unusual, otherwise at age 2 and then every year until starting school.